

“Workout” by Kirk Hunt

Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling.

Philippians 2:12 (KJV)

I am a athlete. I became an athlete when I committed to pursue athletics. As I continue to pursue athletics, I remain an athlete.

My sore, tired muscles argue with me. They tell me that I'm not an athlete at all. An athlete would be able to do more, with greater ease.

My muscles lie. I may not be an Olympian, but I am an athlete. Every sweaty workout takes me closer to my goals.

I am a Christian. I became a Christian when I committed myself to Christ. As I continue to pursue Christ, I remain a Christian.

My faults and errors argue with me. They tell me I'm not a Christian at all. A Christian would be better and do better, with greater ease.

My faults and errors lie. I may not be perfected, but I am a Christian. Every spiritual exercise takes me closer to Christ.

Pursue Christ. Whatever takes. Stay at it. No matter what happens. Every workout, especially the sweaty ones, makes you more like Him.

Think: Every day, every spiritual exercise takes me closer to my goal: Christ.

Pray: “Lord, help me to work out my salvation in You.”

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