"Keep Your Hope" by Kirk Hunt

This I recall to my mind, therefore have I hope. It is of the LORD'S mercies that we are not consumed, because his compassions fail not.

Lamentations 3:21–22 KJV

The Book of Lamentations is a grim and somber part of Scripture. Jeremiah clearly and forcefully explains the plight and situation of Israel and Judah in Babylonian captivity. In the center of the text, Jeremiah stops weeping and declares his hope in God's love, mercy and compassions.

God issued the crushing cold and merciless darkness of His judgment against His people. Still, in the middle of the gloom and pain is a place of light, warmth and joy. The God who disciplines us is also the God who loves us.

His love for His people is so great that He restrains justice. Mercy still has a hand in Israel's punishment. God's grace, despite the captivity, remains part of Judah's life.

Whatever you are facing, God's love is still part of your life. His grace is still at the core of your affairs. His mercy still has a hand in your circumstances.

Despite the pain. With the tears. In the groaning.

His love is never ending. His love for us is the source of our hope. No matter how grim and somber our present is, we have hope because we have God.

Do not surrender. Do not despair. Despite it all, He loves us and therefore we have hope.

Think: God's love for me is the source of my hope.

Pray: "Lord, help me to have hope in the love you have for me."

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